

"I am the bread of life. He who comes to Me shall never hunger, and he who believes in Me shall never thirst." John 6:35

A Real Connection

"...getting to know the people in the community has changed my life."



Events

Food Pantry

Wednesday & Friday
11:30am-1:00pm
Groceries, inspirational
teaching and new friends!

Broken Bread Lunch

Last Friday of each month
11:30am-1:00pm
EOV Community Center
FREE community meal
offering food for the body,
soul and spirit!

Yard Sale

Saturday, May 24
8:00am-2:00pm
East Beach Shoppes
Find family treasures and
support treasured families.

Walking in the Storehouse almost 2 years ago, I remember seeing fresh vegetables and other foods being put together in grocery bags for the many people lined up outside.

My heart felt touched by the kind and loving women that were working so hard for the community. Aretha Hammonds and the other compassionate team members patiently cared for families all morning.

The prayers and blessings spoken were full of love and kindness.

This moved me to volunteer. I started picking up food from two donor sites and bringing it back to the Storehouse. After a few months, I gladly accepted the chance to serve soup after being asked by Rodney Hammonds (Aretha's husband). I knew that God was leading me to get to know the people in the community.

The enormous amount of love that I felt as I served nutritious soup to the precious people that came was unforgettable.

Everyone was so very grateful and thankful as the soup was given to them. I too was thankful just being there as I met new neighbors and friends. On days like these, getting to know the people in the community has changed my life.

There is a story behind every face. The Lord has opened my eyes and given me a real connection to His people.

The purpose of the Storehouse is to love our neighbors while sharing the message that Jesus is just waiting to be accepted in their hearts and will be with them always.

Most individuals we talk to are in a hard place. Many have health issues, disabilities or financial troubles. Whatever it is, we offer gestures of hope and encouragement along with the reminder of how much God loves and cares for them.

As a child, I have fond memories of going to the beautiful beaches in Ocean View with my family. Now, I thank God for the chance to lend a helping hand on the same shore.

I am humbled and blessed to be a part of the Storehouse team as we share God's love in helping the community to find closer, deeper, personal relationships with our Lord Jesus Christ.

Please join me and the rest of the Storehouse team in serving our community. There are many ways to get involved.

Great blessings are in store for you there. The experience will change your life forever.

Written by Donna Coplon



"Restoring Community and Changing Lives"

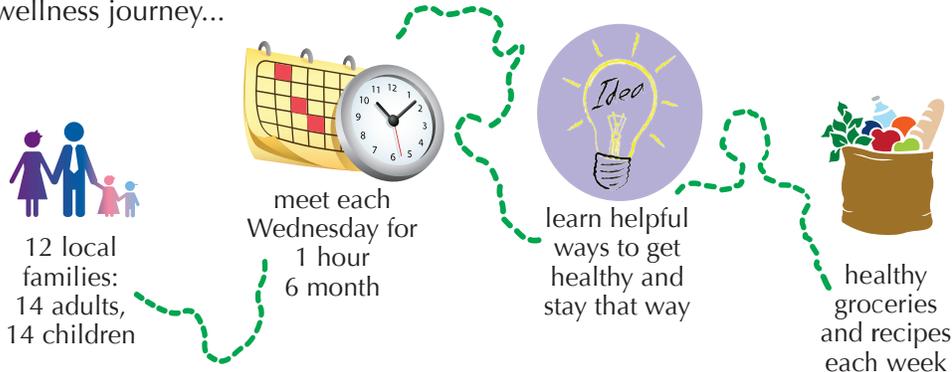
The Storehouse is known in our community as a resource for food and assistance, and most importantly as a place of love and healing. We have seen countless salvations and physical and emotional healings. Our staff and dedicated volunteers believe in the power of prayer to restore lives, families and neighborhoods.

Thanks to our community and partners our outreach has grown to support 80-100 families with weekly groceries, distributing 5,000 lbs. of food each month.

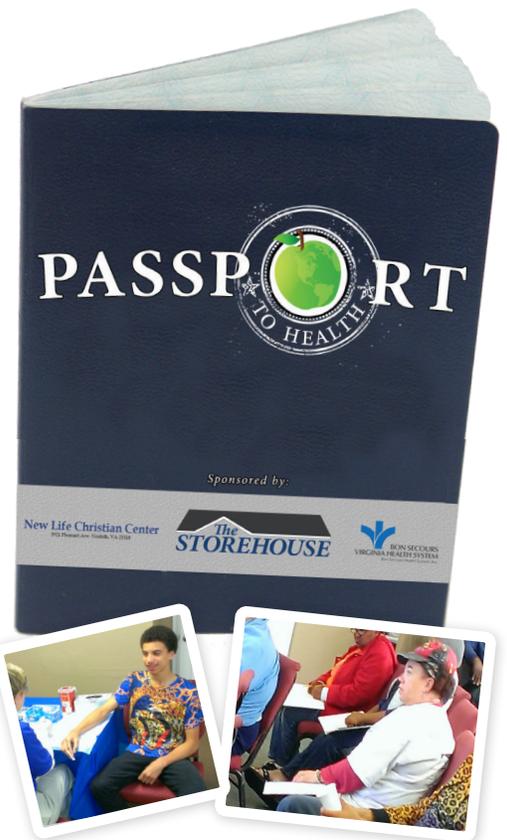
Passport to Health 2014

The Storehouse successfully introduced a new program called "Passport to Health" on April 2, 2014, as mentioned in the year's first newsletter.

Working in cooperation with Bon-Secours Health Systems and our faithful monthly partners, we launched this six month program to help people in the community lead a healthier life style TODAY! Here's the roadmap for the wellness journey...



Having help in any adventure makes the journey a little less scary. An easy to follow topic is presented by volunteer mentors at every Wednesday get-together. Example topics include eating healthy on a budget, good nutrition, and ways to make exercise a regular part of life. Medical screenings to check weight, body fat, and blood pressure are done regularly so that goals can be set and results can be monitored.



Power Walk: Body and Spirit!

Written by Nancy Gerry



Walking home through my neighborhood recently, a woman approached me and asked if she could "Power walk" with me. After traveling seven blocks, we arrived at her home. She was completely out of breath, but so excited, she asked "when can we start spring training?" I replied "let's start now!" A bit less enthusiastic she responded, "I'll start as soon as I quit smoking."

This made me think of how our spiritual walk and our walk of health and fitness have many similar aspects.

They both involve choices and are dependent on our free will. We all make choices on a regular basis: *will I eat healthy today or will I exercise today?* How about in our spiritual lives: *will I take in what is good, or a diet of media garbage? Am I exercising my faith daily and walking in Love towards all people?*

We have all experienced that feeling of regret after downing a tower of cookies or a pint of Ben and Jerry's (Heath bar crunch is my personal favorite). In many ways it's not unlike how I can feel when I've failed in my spiritual walk. Either way, that feeling of regret is nothing more than the rotten fruit of our poor choices. Thankfully, our amazing Heavenly Father's quick to forgive when we repent of our damaging choices.

Don't you realize that your body is the temple of the Holy Spirit, who lives in you and was given to you by God? You do not belong to yourself, for God bought you with a high price. So you must honor God with your body. 1 Corinthians 6:19-20 NLT

This scripture reminds us that we are not our own. If I was asked to take care of a treasured article belonging to a friend, hopefully I'd be especially careful how I treated that item. Remember, we are the temple of the Holy Spirit. In other words we are God's home here on earth! If our heavenly Father is the home owner, then we are the caretakers.

Fortunately, He's written the manual on home maintenance. When He warns us to avoid certain things, it's always to keep us from harm or heart break.

As we take time learning God's word, and waiting in His presence, we are strengthened to soar where we can see above the clutter and chaos of this high pressure world we live in.

But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint. Isaiah 40:31

Similarly we gain the physical strength and vitality we need to run this race when we challenge our physical bodies to regular

exercise, take time to rest and refuel with healthy foods.

He fills my life with good things. My youth is renewed like the eagle's! Psalm 103:5

What will stop you from beginning your journey to a new you? After all, **WHY NOT YOU? WHY NOT NOW?**

Take Part, GIVE a Healthy Start!

Did you know that as little as \$25 per month can help us provide healthy meals for an entire family? That's less than \$1 per day. If you haven't already, consider partnering with us today!

Give online:
storehouseusa.com/donate

Give by mail or in-person:

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